



Give your child an academic edge with summer fun

Summertime is much anticipated as a break from the pressures of school, and can quickly become stressful from the disappointment of vacations or events not proceeding as expected, to work demands dividing parent attention, too much time on devices, and ever-present children creating more work around the home (think messy kitchen and irritability). The challenge for parents is to help children find a balance between the freedom of having no school commitments and having an experience that leaves them re-charged and ready to begin the new school year with enthusiasm.

Topics will include

- How to recognize and manage summertime stress
- Video games that prepare the brain for learning to gain an academic edge
- Summer fun exercises to help children overcome ADD/ADHD and strengthen homework and study skills
- Create a family plan to make summer a productive and rewarding experience

Tuesday, May 20, 2014—6:30—8:00 p.m.

Wednesday, May 21, 2014—10:00 a.m. to noon (encore)

This event is sponsored by St. Joseph Marello Catholic Church, is ecumenical and open to the public at no charge. Donations are welcome.

Our speakers are:

Learning expert Bonnie Terry, founder of BonnieTerryLearning, (<http://www.bonnieterrylearning.com>) will train parents on some of the basic activities and skills children can learn as a part of summer fun.

Family and technology culture expert, Joanna Jullien, Banana Moments Foundation, (<http://www.bananamoments.com>), will discuss how to create a culture of learning over the summer that mitigates stress and strengthens family bonds.



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2 Corinthians 3:17— Now the Lord is that Spirit and where the Spirit of the Lord is, there is liberty.